



### 8<sup>th</sup> Kup questions

- 1 In Korean, What are the 4<sup>th</sup> 11<sup>th</sup> and 18<sup>th</sup> moves of pattern Dan Gun?
- 2 What are the differences between the stances used in moves 8 and 9 of pattern Dan Gun?
- 3 Who is the pattern Dan Gun named after?
- 4 In what year was Korea founded?
- 5 What is the Korean term for three step sparring?
- 6 Why do we practice three step sparring?
- 7 What is the meaning of the Green belt?
- 8 What are the Korean terms for High section, Middle section and low section?
- 9 What are the Korean terms for
  - Low section outer forearm block,
  - Middle section Inner forearm Block,
  - Twin forearm block
  - Rising block
- 10 When was Tae Kwon-Do introduced to the UK and who by?

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