



태권도

Dursley Tae Kwon-Do

[www.dursleytkd.com](http://www.dursleytkd.com)

### 5<sup>th</sup> Kup questions

- 1 What is the Korean for Three step sparring and Two step sparring?
- 2 In English and Korean, what is the first move of pattern Yul Gok?
- 3 What is the meaning of pattern Yul Gok and how many moves does it have?
- 4 What is the meaning of Blue belt?
- 5 In pattern Yul Gok , what section do yo perform the hooking blocks at?
- 6 What is the Korean term for 'Hooking block'?
- 7 What is the Korean for X stance Back fist Strike?
- 8 What are the Korean terms for front snap kick, side thrust kick, turning kick and reverse turning kick?
- 9 In Korean, what are moves 23 and 25 of pattern Yul Gok?
- 10 Give three ways that we can make TKD techniques more powerful

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